

FEATURES
Student sleep habits
leave little time for z's
Kolton Nay, 3

SPORTS

Smith sets new record at NAIA nationals
Tony Miller, 5

ARTS

### Festival of Carols rings in holiday cheer

Nina Fox, 8



NEWS

### Vegetarians may have more meal options

Kelley Scholfield, 4

PERSPECTIVES

### Hymn club founder talks meaning of song

Bobby Switzer, 6

FUNNIES

Interview with a history major

Nathan Geiser, **7** 

# International education changes made after domestic SST canceled

the Kecorc

Due to difficulties to fit Latino Studies into course schedules, alternative courses now fulfill requirements

#### **QUINN BRENNEKE**

News Editor

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After five years of operation, the Latino Studies domestic Study-Service Term program will be canceled due to scheduling complications. In its place, students seeking to substitute their international education degree completion requirements with something other than SST can choose to take classes on campus.

"Domestic SST will be canceled as we know it," said Stan Miller, registrar. "It will be replaced by alternate options."

According to Miller, students previously enrolled in Latino Studies SST courses struggled to fit them into their course schedules between other requirements for their majors.

Five years ago when the Latino Studies domestic SST program began, it was offered as a full semester program. Eventually, it turned into a two semester program which allowed students to take other courses concurrently with Latino Studies courses.



Stuart Graber, Lauren Slone, Suzanne King and Austin Sprunger in Morocco for SST in 2012.

Photo contributed by Lauren Slone

According to Tom Meyers, director of international education, only two students are currently enrolled in the upper-level Spanish class that is a part of Latino Studies SST. He also noted that since the program's

initial semester, no more than five students were enrolled in a given unit.

While Meyers acknowledges that low numbers are not financially viable, he noted that course scheduling issues

presented the largest need for a change.

"Now, alternate courses give the flexibility that professional studies students and transfer

See INTERNATIONAL, page 4

# Open Letter's summit discusses debate over equal hiring policy

KATE STOLTZFUS

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A crowd of more than 85 students, faculty, community members and three administrators arrived for a long-awaited conversation at Open Letter's Summit last Tuesday evening.

The meeting was organized by Goshen College's Open Letter group, which advocates for LGBTQ equality in hiring practices, and was held in the wake of change. Eastern Mennonite University announced on November 15 to enter a sixmonth discussion period to review their same-sex hiring policy, and while EMU is the first Mennoniteaffiliated school to make such a decision, Open Letter's Summit turnout proved there are many people on campus ready not just to talk, but to act.



A crowd awaits Open Letter's Summit talk last Tuesday night.

Stefan Baumgartner

Open Letter's current leaders, Abby Deaton and Stefan Baumgartner, organized the two-hour Summit. There was an information session to clear up myths and give background of Open Letter's movement, as well as a time for attendees to break

into discussion groups for talk about ways to move forward.

"We realized that many people don't know as much or know very little about the hiring policy and all the complications behind it," said Deaton. "Our

See **SUMMIT**, page **4** 

## Maple Scholars program gives student research opportunities

A summer research program allows students and professors to work side-by-side

#### LEXI KANTZ

Web Editor

Goshen College offers many unique programs for students to excel. One of the most in-depth programs offered is the summer Maple Scholars Program. This program allows students to work on a summer project alongside a professor, who serves as both a colleague and a supervisor. During that time students perform intense studies and research for eight weeks.

Each December, faculty proposals are posted for students to see descriptions of the projects that will be offered for the next summer, and students are then able to apply accordingly. Scholars are announced in late February

or early March for the following summer's projects after directors John Ross Buschert, physics department chair, and Paul Keim, professor of Bible and religon, confirm their student choices with Maple Scholar Faculty.

This past summer Twila Albrecht and Carina Zehr worked alongside Goshen College Sociology Professor David Lind on a project about transitioning worldviews in regard to environmental and sustainable living.

"This program was an excellent way for me to get my foot in the door of the sociology department. After the program I really felt that I had a better understanding for how to do social research and to begin thinking as a sociologist would," said Albrecht of her summer experience with Maple Scholars.

During the eight week program students are given a

See RESEARCH, page 4

## ITS tomfoolery: the antics of campus pranksters

ISAAC FAST Photo Editor isaacf@goshen.edu

When first-year students come to Goshen College, they receive complementary iPads loaded with apps to access class content, email, shared servers and a sneaky purple dinosaur.

Peter Miller, a GC graduate and information technology employee, added a purple dinosaur graphic to the bottom of the iPad email app as a prank before any first-years received their iPads. The dinosaur was only visible when the user scrolled down, and as soon as the finger released the scroll, the dinosaur disappeared. Strategies for sneakily showing the dinosaur had to be revised several times.

The purple dinosaur lasted for several weeks before a rise in user complaints obligated Miller to make the purple dinosaur extinct.

"Pranks go over well within the ITS department," said Miller. "Maybe it's because we're stuck underground together without any sunlight."

Electronic pranking neither started nor stopped with the purple dinosaur. At 5:30 a.m. the morning of April 1, 2013, Micah Miller-Eshleman, then a third-year student, tiptoed up to his temporary office in Public Relations. As the web development intern, Miller-Eshleman had exclusive access to the website and all of its code. Miller-Eshleman simply replaced a line of code to draw content from his personal website. The content, however, was rather controversial.

By 6 a.m. at the dawn of April Fool's Day, Goshen College's



Peter Miller, education technology specialist, combines work with play.

Photo by Isaac Fast

homepage contained headlines announcing the formation of a Goshen College football team. Another headline announced that the students with majors in peace, justice and conflict studies were partnering with Taco Bell because they couldn't find jobs anywhere else. Manipulated photos complemented the headlines, including a photo of one of the members of the President's Council campaigning with Mitt Romney.

"I had dreamed of pranking the website for months," Miller-Eshleman recalled. He even asked several fellow students to help write the stories. Ultimately, however, he knew he would "take the fall" for his actions.

The Public Relations department received calls within

20 minutes of the change and asked Miller-Eshleman to restore the website. The whole prank was committed and its evidence erased within an hour.

"The PR department and I had some talks, but I kept my job," said Miller-Eshleman with a grin.

Miller-Eshleman can often be found laughing with his colleagues in the IT department. Although it's buried in a basement and deprived of sunlight, the IT department is alive with the spirit of tomfoolery. The director of the department, Michael Sherer, conceded that he is no exception.

Sherer wrote most of the script for the political satire YouTube series "Haley Speaks," in which a teenage girl relates herself deeply to the values of Sarah Palin.

He is also rather fond of pranks.

"I'm pretty clear that as long as nobody's mean and nobody gets hurt, a little pranking every now and then is just fine," said Sherer. He added that there have never been any problems in his department, because people have always known when to stop.

Although Sherer says he's not much of a prankster himself, he sometimes ends up as the one being pranked.

Patricia Goodman, assistant director of IT, remembers a time when she and Sherer were working long hours with little sleep. Sherer fell asleep at his desk, and Goodman took a photo of the moment. For Boss's Day that year, Sherer found what he

regarded as an "unflattering" photo of himself sleeping taped to his door.

Electronic pranks have manifested outside of the IT basement as well. One early spring afternoon in 2012, Jeff Riehl, a former security guard, was locking the library when he heard a faint sound of echoing music. As he stepped outside, he realized that the music was closer than he thought. Even more, he was alarmed when he realized that the rock music was blasting from somewhere on campus.

Riehl recalled some students' reactions. Students strolled through campus, enjoying the rare excitement, while Riehl scrambled to find the music's source.

Just as a Kansas Bible Company song serenaded the campus, Riehl pinpointed the source: the "bell tower" speakers on top of the Union.

He and Glenn Gilbert, utilities manager, rushed to the mailroom in the Union, which was normally the home of a computer set to play chime sounds every fifteen minutes. Instead, they found another computer in its place, containing a playlist of upbeat rock.

Quickly, they switched the computers again, and the campus's tranquility was restored.

"Glenn Gilbert confiscated the computer and tried to find out to whom it belonged, but nobody found out who the prankster was," said Riehl.

Like others on campus, Riehl found the prank humorous when it was over.

"Pranks," said Riehl,
"promote an easygoing attitude about life."

## For the **RECORD**

As with any semester's final weeks, I think most students would say they are ready for a break. We live on coffee (or tea, in my case), spend hours in the library, forget what free time means, and think longingly of full sleep and homecooked meals. Soon we will all depart for a month of blissful holiday, back to the dear places from which we came.

When I first began my time as editor, when the thought of producing eight pages a week made me question my own sanity, I would think longingly of this last week, when our final issue would appear in print, and the hundreds of emails, story ideas and words to be laid out would no longer be my responsibility. But as I type my last editorial, I am struck by how much I will miss this work.

It's a job one cannot prepare for. I learned how to delegate, how to ask people for help, how to stay in one room for ten hours while a collection of word documents and pictures became a newspaper. I learned how much fun it is to work so closely with a huge team



of people, week after week, to make a tangible project you can hold in your hands and watch your community read.

The best part was the connection I felt to campus. News and reporting opens you up to stories and the people around you in a way nothing else does. I could seek out students and faculty I would not otherwise have the chance to speak with, listen for story ideas wherever I went. As a senior, I think it is sometimes easy to get lost in the last year,

to lose connection to the broader community. The Record grounded my ties, reminded me to stay attuned to the people and places I'll be leaving sooner than I want to realize.

To that end, I want to thank you, readers, for allowing me the chance to attempt this messy, long and quite fun process of a paper. Thank you to the writers, editors and photographers who contributed the spark and fire to the Record week after week.

A former editor gave me an important reminder before I began this fall: You are just one in a long line of editors. The Record was printed before you, and it will continue to be printed after you. Here's to our campus, to the papers to come, to keeping alive the stories we've told and continuing to tell the ones yet to be.

Kate Stoltzfus is an English Writing and Journalism double major. "For the Record" is a weekly editorial written by the Record Editor.

## the Record

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## A sixth-month journey, made on bike wheels alone

Before his Goshen days, Neal Friesen, Yoder's resident director, set out to bike across the country

**SETH WESMAN** Contributing Writer sawesman@goshen.edu

In 2010, Neal Friesen spent six months riding a bike. His goal: ride through all of the 48 lower

Friesen, the resident director for Yoder Hall at Goshen, spent 25 weeks from May to November on his bike. In May of 2010 he left his resident director position at Hesston College and embarked on what he called "the trip of a lifetime." An avid biker, he had already made one trip from Kansas to Idaho with a friend in 2008. As Friesen's contract was coming to an end at Hesston, he was trying to figure out what to do next.

"I was thinking about just getting on my bike and biking for six months and somebody suggested I try to touch all of the lower 48 states," he said.

And that's exactly what he

did. On May 31, 2010 Friesen started his journey from a Mennonite Disaster Service center in Louisiana and began making his way across the country. When he began, he was nervous. "I was kind of inwardly nervous because I was thinking to myself, 'Who does this? Who gets on a bike and just rides for six months?""

Throughout his trip, Friesen said he met many people. One of his favorite memories from the trip was when he attended a 50th birthday party in California.

"I happened to be in the right place at the right time," he said. "I was taking a break by a gas station and these pickups pulled up with kayaks on them and one guy walked up to me and asked what I was doing. I told him what I was doing. He asked where I was staying that night and asked if I would rather go to his house to celebrate his friend's birthday instead. It was a huge feast and we just sat around eating and talking. That was a wonderful evening."

But there are some memories he would prefer to forget. They include the times that he was run off the road by semi trucks. "A lot of the people I met face to face



Neal Friesen's infamous bike enjoys the view.

Photo contributed by Neal Friesen

were really nice. The faceless drivers were not always so nice. I ended up in the ditch a few times but luckily no major injuries, just a little scraped up."

Riding through Connecticut he met two women, who gave him two gifts. "They saw me standing outside their store and they came out and asked if they could fill my water bottle," he said. "So I started talking to them and they had an interesting shop. They were selling rocks and gems that had special meaning. One of the

women ran across the street to fill my water bottle in her house because she said the water was cleaner. They actually ended up giving me a rock that I still have today. And as I was going to leave, they gave me \$100 to help me along my way."

The trip was also an emotional time for Friesen. Three of his former students from Hesston died while he was biking, and he put his trip on hold to attend funerals for two of them, in Virginia and then in Colorado, the third

funeral being in Poland. One of the deaths was the result of a bike accident on a road in Colorado that Friesen had been on himself just days before.

"That was obviously tough but there was an added element of 'that's what I'm doing every day," he said. "All of [the deaths] were painful, but that one kind of hit home for me because that's what I was doing all the time."

The trip eventually ended back at the same Mennonite Disaster Service center in Louisiana on Nov. 19, nearly 25 weeks after he set out. Overall, Friesen remembers his trip fondly and says if it were feasible he would gladly do it again.

"Every now and then when I get on my bike and go for a ride, I'm tempted to just not stop. It's a of a Forrest Gump kind of thing."

He says he would like to bike up to Alaska if the opportunity ever presents itself.

"I've thought about biking up to Alaska, get that 49th state," he said. "Not really any way to get to Hawaii. But it was one of the greatest times of my life. I would love to do something like that again."

## Students struggle to get full nights of sleep

**KOLTON NAY** Contributing Writer kenay@goshen.edu

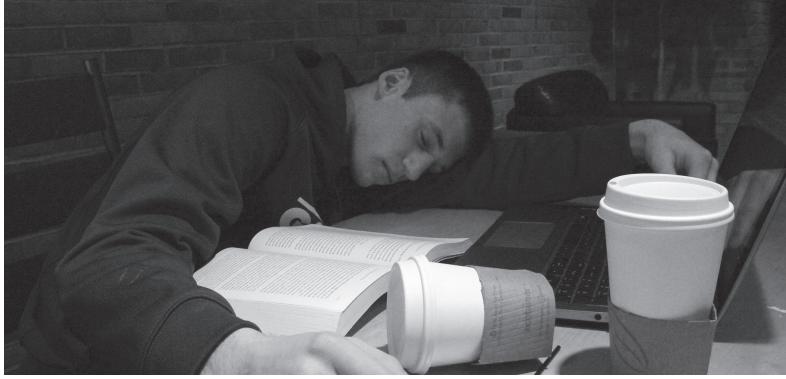
College students, many say, are forced to divide their lives into three parts: having a social life, maintaining good grades and getting enough sleep. Succeeding in all three areas is said to be impossible.

Since giving up a social life deems you a recluse and giving up grades pegs you as a slacker, for many students this semester, that left only one place to cut: sleep.

An informal survey of 45 randomly selected Goshen College students of all ages and class years found that students, on average, are getting only 6.2 hours of sleep per night. That's well below the seven to nine hours recommended by medical authorities, according to Jenny Beers, the college counselor.

One third of all students say they sleep less than four hours on particularly "bad nights." Reasons vary from partying on the weekends, homework overloads, long sport competitions or just trying to keep up on the news.

"You shouldn't forgo sleeping for other people," reasoned Cara Paden, junior music major, "but I actually value my relationships more than I do my personal health." Paden gets six hours of sleep on average and only three hours on nights when she wants to have fun with friends and socialize. She explained that this



Dalton Shetler takes a snooze break from studying.

decision is often subconscious, so it can cause a lower stability in her health than she'd like to have.

Mitchell Brickson is a junior physics major who has pulled multiple all-nighters this semester. His average amount of sleep was five hours per night for the first half of the semester, but now that he's dropped Game Theory from his workload, he gets about eight hours every night. "I simply refuse to do anything less than my best on any academic assignment, and I won't accept grades less than an 'A," said Brickson. "Trying to get an 'A' in Game Theory, where we were made to regularly gamble some of our points during class, was just killing me." Now that he has more time to sleep, he said he is much happier. "I didn't realize just how dismal I was becoming until after I dropped it," said Brickson.

Dalton Shetler, first-year broadcasting major, said he gets only about 5 hours of sleep on typical weekday nights. Dalton juggles GC Basketball, working at the Globe and The Correspondent. and then a full load of academic credit hours. "Extracurriculars take up a huge part of my dav." said Shetler.

On Tuesday the 12th of November, Shetler went to bed at 2:00am after just finishing

up two papers for his writing classes and woke up 3 hours later to attend a 5:45 basketball practice. He was tired, but Shetler thinks his lifestyle is worth the sleep deprivation. "It's valuable, looking into my future," said Shetler. "The extra hours [that I spend on extracurriculars] may give me an advantage over other students in applying for jobs."

Although many students feel they must give up sleep for their goals or obligations, it seems that it is possible to succeed all three areas of college life. Irene Schmid, a sophomore Nursing major, has found a way to have substantial time with her friends.

achieve good grades, and still have time for eight hours of sleep per night. "I probably spend the least amount of my time doing social things in the dorms," said Schmid, "but that isn't because I value sleep, but because I don't enjoy these events as much as most college students."

Photo by Shina Park

She even gets about seven hours on "late nights" because, for her, socializing takes place in a different way. "I participate in many on-campus clubs, cocurriculars, and events where I get my social needs met. I enjoy quality time with others over quantity, which means sleep can be more of a priority in my life."

## AVI and student senate partnership caters to vegetarians

#### **KELLEY SCHOLFIELD**

News Editor

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This semester AVI took initiative in starting conversation with students. Previously, students could express concerns and recommendations via comment cards, but now AVI would like to engage in face-to-face conversation with those they serve.

Garret Tyk, resident director of AVI, will meet periodically with a Student Senate committee made up of Karsten Hess, Elizabeth Derstine and Ellen Conrad.

"[Tyk] approached us asking if we could get a few people from student senate to gather students and maybe have a meeting with him or someone else from AVI at least once a month," said Hess.

During the first meeting, two students, Bobby Switzer and

Naomi Gross, voiced their desire for more meat-free meals.

While there is no official count of vegetarians and vegans at Goshen College, students are receptive to the possible changes.

Cara Paden, a junior, would enjoy the addition although she is not a vegetarian. "It would also be nice if they gave more options without any dairy for those who would like to be vegan," Paden said. "I'm sure I could eat completely vegetarian if I tried hard, but my meals would all be the same without more variety.

AVI already offers some vegetarian options on a regular basis at the fusion station. "When I started here, we only did that sometimes; now we try to offer a vegetarian version of each dish at the fusion station," said Tyk of changes that have already taken place.

Other requests at the meeting were more specific: offer hummus and rice and beans every



Olivia Ginn looks at vegetarian options during a meal.

Photo by Leah Stebly

day. However, Tyk acknowledged one drawback of trying to fulfill requests. "We have limited space,

d so adding something usually means taking something away," said Tyk. "Our goal with these meetings is to come up with a balance that satisfies as many people as possible."

From **SUMMIT**, page **1** 

From **RESEARCH**, page **1** 

Aaron Kauffman, a senior, and Tessa Yoder, a junior, tested algae growth with retired Professor of Biology Stan Grove during summer 2013.

Photo provided by Comm Mar

stipend of \$2,500 for their work and housed in small group campus housing, with food as their only expense. This living arrangement is designed to create a strong sense of community.

Each Friday morning in the summer, all faculty and student participants gather for a Colloquium where both faculty and students take turns describing their work for that week. At the end of the eight weeks, public presentations are given by students with an evening banquet to follow for faculty and their guests.

"The Maple Scholars Program is a great experience. It's not only for the so-called 'smart' students, but for every student who thinks they can," said Oscar Joses Kirwa, who worked alongside Professor

ofessor

students need," he said.

Students seeking to fulfill their 12 to 18 credits of international education degree completion requirements can now choose from a list of 8 courses that are regularly offered on campus. The students currently enrolled in the Latino Studies program can use the credits they have already completed to count toward their international education requirements.

"It's deeply disappointing

to not be able to offer a program in another culture," said Meyers regarding the cancelation of the Latinos Studies program. "I regret that we couldn't pull that off."

Another, separate change was made to the CORE program regarding SST requirements. Initially, the SST program in the CORE program included a course requirement for the semester following a student's completion of SST, CORE 300: Global Issues Seminar.

Jan Bender Shetler on putting together a database for Shetler's collection of primary sources of the Mara Culture.

If you are interested in the Maple Scholars Program you can visit the section on Goshen College's website that describes the program more in depth at

#### From INTERNATIONAL, page 1

Now students will complete a one-credit hour online course upon their arrival from their SST host country. SST in the CORE program will fulfill 14 credit hours with the addition of this extra requirement.

According to Miller, this change was made to accommodate students taking SST during their last semester, especially transfer students. Those students can now complete the entire requirement during their SST semester.

biggest point we want to communicate is that this isn't an 'us' and 'them' situation. We don't feel like we are fighting anyone. We feel that there is a hesitancy to change and we want to show those in charge that we want this change. We aren't fighting, we're pushing."

Emily Shenk, a junior at EMU and member of the university's Safe Space group, also spoke at the Summit. According to Shenk, EMU's president, Loren Swartzendruber, sent emails to other Mennonite-affiliated college presidents after the university's decision was made, asking them to consider joining in EMU's review.

"We are excited about the possibility of Goshen, EMU, Bluffton and Hesston – all the Mennonite sister schools – getting together to be a collaborative force of power," said Shenk.

Deaton and Baumgartner addressed reasons why more of a push has not been made to change the policy. Among factors listed were fear of loss of finances or donors, low enrollment,, confusion on the student level of what do to, and uncertainty as to whose responsibility it is to change the policy.

Said Deaton, "The debate comes from people wondering what could happen if the policy changed – it's not individuals refusing to change the policy."

But both Deaton and Baumgartner stressed that the change is not the responsibility or the power of just one person—it's about support from all sides, including faculty and student involvement, and alumni and administrative support. As of now, 505 students and 953 alumni have signed since the group's inception.

Open Letter's Summit was a landmark event for the group, which was founded by alum Patrick Ressler in 2011. After the group formed, several members talked to GC administration about a change in the policy, but "administrators' hands were tied with a lot of controversy over the National Anthem debate, and another complicated change at that point was not possible," said Baumgartner.

Deaton believes the summit helped the movement immensely.

"We've already been approached by people in president's council to meet for a discussion," said Deaton. "I'm really excited to talk with these people, because the better we understand what is going on, the more we can communicate to the wider campus."

Bill Born, vice president of student life, was one of the administrators in attendance and believes a "positive tone" is set for ongoing discussion. He said the administration "affirms the solid ground established at the Open Summit." As far as any formal decisions, GC's Board will have to take into consideration their broader role in MCUSA.

"EMU's Board decision to take time to listen and assess the issue of LGBTQ hiring policies in a more formal sense has raised the matter to another level for each institution," said Born. "Our own board has discussed a variety of Intercultural matters, including the issue of our hiring policy, but not at the same level of formality to date. As would be the case with any potential policy shift in relation to the MCUSA Church Confession of Faith, a bit of time for consideration and listening is appropriate."

Said Baumgartner, "We see this as a civil rights issue; that there are LGBTQ people in our world, countries, communities, and this campus, and we want to make sure there is an inclusive space... We are urging the administration to open up the conversations that are currently taking place behind closed doors to all people who care about Goshen College."

## Intramural volleyball teams win Smith makes history



The Compassion Killers spike the ball to Block Market during the volleyball intramural championships Tuesday evening.

Photo by Hannah Sauder

#### JAKE P. SMUCKER

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Approximately 200 students took part in intramural volleyball this year. The school's most popular intramural sport wrapped up Tuesday with a competitive night of playoffs. When all was said and done, two teams stood above the rest and donned the green shirts that declared them champions. Block Market capped their undefeated season with the A League championship and Libero Arts Majors took the B League shirts.

With both an A League for experienced players and B League for less serious players, everyone was able to join in the action this season. Two intercollegiate volleyball players were allowed to play on each team, but very few teams took advantage of that talent pool, opting instead for experienced former players and athletic jumpers. Still, six teams took on the challenge of A League volleyball while another 18 teams played B League.

Four A League teams and eight B League squads made the playoffs. Through the semi-final round, the higher seed won every match. B League's championship matched the number one seeds from each division together. Folley For Serve came in the slight favorite, with an undefeated record. Libero Arts Majors lost only once in the regular season, but

came in a shorthanded effort with several players missing. Libero Arts Majors won the first set 25-20, then finished the tournament's only upset with another 25-20 win in the second set.

The A League final featured a rematch of last year's A League championship, with slight roster variations. In the 2012 finale, Compassionate Killers upset the undefeated Block Market for the championship. This year, Compassionate Killers had no such luck. They came into the

game with only two losses, both to Block Market, while their opponent was undefeated. Block Market took a solid 25-20 victory in the first set. Then, Compassionate Killers rallied for a 25-21 game two win to force a third and final set, building a 4-0 lead before allowing Block Market to come back and even the score. A few minutes later, a block by Andrew Glick ended the intramural volleyball season and secured the championship for Block Market.



#### **TONY MILLER**

Sports Editor tonykm@goshen.edu

It was 26 degrees with wind gusting to 20 miles per hour when the gun sounded to begin the NAIA national cross-country meet on Nov. 23. To say that most people wouldn't choose to run in those conditions is an understatement; to declare the weather a detriment to performance would be another.

At least one Maple Leaf appeared to be unfettered by the weather, as Ryan Smith, a firstyear, turned in the fastest national meet time in Goshen history. Smith finished 63rd, traversing the eight kilometer (4.97 mile) course in 25 minutes, 34.27 seconds.

His time was the sixth fastest in school history, the third fastest by a first-year, and his fourth sub-26 minute finish. Smith is the first Maple Leaf to finish under 26:00.

four times in the same season; only Justin Gillette, a 2005 graduate, has gone under that milestone more times in a career.

"[I] thought it was my best race of the year," Smith told GoLeafs.net. "Even though I ran faster earlier in the year, considering the conditions, I think I raced very well."

Smith finished 24 seconds away from All-American honors; individual champion Eric Avila of Southern Oregon, who finished in 24:02, led the All-Americans.

Just as he was at the conference meet two weeks before, Smith was the second-fastest Crossroads League runner, trailing Spring Arbor's Kyle Anderson, who was tenth in 24:48.29.

Team champion Oklahoma City University finished with 206 points; Crossroads League champion Indiana Wesleyan was 21st with 556 team points.

#### BY THE NUMBERS

Men's basketball vs. Bethel College

Tuesday, Dec. 3 @ Mishawaka, Ind. Wednesday, Dec. 4 @ Goshen, Ind.

105 BETHEL **78** GOSHEN Women's basketball vs. Bethel College

**87** BETHEL

**74** GOSHEN



## A vegetable world: the art of eating meatless

Vegetarians at Goshen find creative ways to stay meat-free.

#### **KATE YODER**

Contributing Writer kmyoder@goshen.edu

Garlic, green onions and fresh tomatoes sizzled in olive oil on the stove in Ida Short's kitchen.

"I've never made this before, so it'll be like an adventure," Short said, emptying a can of white beans into the pot.

She then added half of a box of pasta shells and an array of spices—parsley, chili powder, oregano, cilantro, sea salt and black pepper.

There wasn't anything unusual about supper in Short's apartment that evening. But someone else might ask, "Where's the meat?"

Short has been a vegetarian since seventh grade.

"I started being vegetarian for Lent, and then when Lent was over, I just never stopped," she said. "It was actually very easy."

Short said that she doesn't like the texture of meat.

"My family had chickens as pets growing up," said Short. "We used to name them when I was little, so that might have had an effect."

"I really did grow up cooking," she said. "We would garden during the summer, so it was really cool to plant things, pick things and

then cook with them."

Short and her fellow vegetarian apartment mate, Anna van der Zwaag, agreed that fresh produce tastes better than produce from the grocery store. Van der Zwaag enjoyed buying vegetables from the Merry Lea produce stand, which was set up on campus each Friday afternoon earlier in the semester.

Said van der Zwaag, "Merry Lea was good because it was affordable with the student discount. When you go grocery shopping, you want the good things, but you need to be realistic about what you can and cannot afford."

Van der Zwaag has been vegetarian for over 10 years. Her meatless diet started out as a competition with her sister.

"I don't think my reasons were that great, but they've evolved," van der Zwaag said.

"Before Goshen, I felt almost judged by my decision, because I was the only vegetarian that people knew," said van der Zwaag. "Here, everyone understands it. I don't have to justify it."

Bobby Switzer, another vegetarian on campus, agreed that the perception of vegetarians in Goshen is different than in his hometown of Berne, Ind.

"People are just more mindful about vegetarian diets here," Switzer said. "At home, when I'd go to someone's house, they wouldn't really know what to cook, so I'd end up eating sides, like potato salad. I'm sure almost every vegetarian has made a meal out of bread and chips and ketchup before."

Switzer said that Westlawn Dining Hall's vegetarian options are better than many other college cafeterias, but there is room for improvement. He wishes there was more variety in the vegetarian entrees, particularly the veggie burgers and meatless pizzas.

"I'm sorry, but dessert pizza is not an option for a main course," Switzer said. "I'd like to see a vegetable pizza for once."

Switzer remembered the exact day he became a vegetarian: June 22, 2007. One day at Boy Scout camp, he just decided he was not going to eat any more meat.

Switzer said, "I didn't necessarily like meat. I've always been a salad type of guy."

A question Switzer has heard often is "How do you get protein?" Switzer replied, "Where do cows get their protein?" He said that many foods contain protein, like beans, nuts, soy products, cheese and even vegetables.

As with Short and van der Zwaag, Switzer's reasons for vegetarianism developed as time went on.

Said Switzer, "I found that... if I could live my life without causing more pain in the world, I should do that."

Even in Goshen, Switzer has encountered some resistance to



Bobby Switzer and Ida Short show off their salads at the cafeteria.

Photo provided by Grace Boehm

veget arian ism.

"There are some people who play the theology card," he said. "Sometimes people bring up that God gave people dominion over animals for food, so if you don't eat them, you're disobeying God."

However, Switzer interprets things differently.

"I think Mennonites should really consider vegetarianism as a standard, just because it's a nonviolent form of living," he said.

Switzer remained vegetarian when he went on Study-Service Term to Nicaragua last summer.

"Meat there is different," he said. "You don't have it at

Although his host families thought that his vegetarian diet was "a little weird," they were very accommodating.

"Maybe that's because I belabored on my sheet, 'Does not eat meat. Will not eat meat. Please don't feed meat,'" he said.

Switzer tried to abstain from eating food that had been cooked with meat while he was in Nicaragua, but sometimes the task proved difficult. Once, he had eaten half a bowl of soup when he found out that it had meat broth in it

Switzer admitted, "Sometimes I forget that people eat meat."

## A "new" Mennonite finds passion in old songs

Bobby Switzer reflects on his love for hymns and his club in support of them.

#### **BOBBY SWITZER**

Contributing Writer bkswitzer@goshen.edu

I was neither raised Mennonite nor singing hymns, yet today I find myself ascribing whole-heartedly to both. Each has influenced my life and made me who I am today, and each has affected the other. I sing because I am a person of faith, and my faith grows through song. I remember the day I first heard a congregation sing; it was a day of awakening.

On my way home from a work weekend at Camp Friedenswald, the group with whom I went stopped at Eigth Street Mennonite Church here in Goshen. I had rarely gone to "Sunday" church before this point. I previously only went to Wednesday night youth group at one local church or another with friends. So unprepared was I that I didn't pack appropriate church attire.

Clothed in blue jeans and a t-shirt, I self-consciously filed in behind my friend Jackson and sat myself down on the pew in the balcony. The church service soon started, and though unsurprisingly I don't remember the sermon, I



Bobby Switzer leads a weekly hymn sing, accompanied by Sam Smucker on violin.

remember the first hymn. #226 You are Salt for the Earth, rose from the congregation below. Then the unison verse erupted into the harmonious refrain, and it felt like the world was finally illuminated.

From that point on, I've been impassioned for hymn singing and

congregational song. Nowhere else have I felt God's presence more than in the context of kindred hearts singing in harmony. It is in these moments of shared song that I've developed my theology, where I've felt love for those around me, and where I've found the most joy.

From the onset, hymn singing has characterized my time at Goshen. The first weekend my RA, Quinn, and I organized a ragtag hymn sing. We recruited Josh Yoder for violin, I played piano and Quinn conducted. Spreading word through Facebook and those awkward first-week

Bobby Switzer

friendships, I didn't expect many people to show, but I was ecstatically surprised when more than 50 people came to Java to sing. From that sing on, I realized that Goshen was a special place, a place of singing and I felt a nudge to help foster that. I started organizing more hymn sings with others. It's not possible to have a hymn sing by yourself, you need at least 3 other people to cover the other voice parts, and planning goes much the same way. I could not have done anything with hymn club without the help and support of others.

Through the early hymn sings of my freshmen year, I built relationships and friendships with the "regular" singers. After an impromptu sing in the Yoder stairwell, we decided that we should have a group on Facebook dedicated to just that: A group to facilitate somewhat-impromptu hymn sings. So we made one and added as many Goshen students as we could. After a number of sings prompted by that group, a small coalition of us decided that these interspersed sings were great, but we would like to sing more. It is with these seven or so people that hymn club formed.

See the rest of this article online at record.goshen.edu

### Funnies editor writes of himself in the third person, baffles self and others

**REUBEN NG** 

Funnies Editor ryng@goshen.edu

Before we get too far into this article, I feel it my duty to inform you, the esteemed reader, that I have actually very little idea what I am writing about. Do stick with me, however. There will no doubt be some way to keep things interesting.

First, I suppose he should switch into the third person. Not only will this give Funnies Editor Reuben Ng the apparent credibility of another party writing on his behalf about his inability to write, but it also gives some credence to the title of this particular piece.

On first consideration of the Funnies topic for this week, Ng assumed he would write a non-stereotypical piece some holidays related topic. For example he deeply contemplated the worst possible Christmas decorations, the most horrid of holiday sweaters, or perhaps a brief discourse on the controversial topic of fruitcake as food or fiasco (Ng actually enjoys a good piece of the dense stuff). But for unexplained reasons, Ng was not completely satisfied with these options.

Next he considered the various other sources of amusement in his life (apart from his life itself). The on-going episode of his mailbox presented itself as somewhat appealing. In past years Ng had a mailbox in the Union that opened with a key – in his words, it was "a walk in the park...I would stroll in there, see there was no mail and leave." He continued, "I never get mail..." But in the event that there was mail (the occasional thrill of a Convo/Chapel schedule, or the exhilarating once-a-semester bill), he could open it in a heartbeat.

Yet this year, fate dealt Ng a miserable combination lock mailbox. To add insult to injury the mailbox is so low it practically requires getting down on one's stomach to make out what numbers are being put in. This all of course is not to mention the fact that some wise guy evidently got their left and other left confused when designing the locks and made every single one completely reversed. The end result: Ng opened his mailbox once this semester more as a challenge than anything else. He hasn't touched it since.

While an exciting topic, Ng still had doubts about how he could condense such a complex and wide-reaching issue as this into a simple, small-scale article.

Then there of course was the matter of Ng's meal plan. Ng started off the semester strong. For about a month Ng was not seen in or near the campus dining facilities. The cause of this was the brilliant execution of a cunning culinary stratagem. With the 80 meal block plan, Ng calculated



Ng sums up his life in this image, "a pointless enigma."

Photo by Reuben Ng

the point in the semester when he could begin using his meals and would safely have one meal every day right through the end of the semester. Unfortunately tragedy struck. This Monday, Ng inquired about how many meals he had left. The count? About 21. In response to this figure: "uh oh." To use all these meals, Ng will have to average over 3 meals a day. This is not to mention his difficulties in the area of Munch money, which still is solidly in the three digit range.

Ng toyed with some other options mostly starting from headlines. catchy Horses, mammals or not? Nope. Planets, why do they have to be so big? No. Twenty-six things I love about swamps. Definitely not. Twentyeight things I love about swamps. Probably not. Living with a veti. Didn't even happen. Loch Ness monster fan fiction. No comment. I found these sunglasses in Chicago last summer. Terrible. How to know what time it is in 19 easy steps. What.

In the end, Ng gave up. There was no silver bullet for this one; sometimes the best decision is to not make one. This is probably the strongest example of how badly astray reasoning like that can lead. He finally switched back to first person which I now admit was another pretty useless idea. And I suppose I should conclude this with the classic "best of luck on your finals" sentiment followed up with wishing everyone "an excellent winter break, Christmas, New Year's, and all that." So I did.

## History major reflects on poverty, religion, grapes

NATHAN GEISER

Contributing Writer nathanlh@goshen.edu

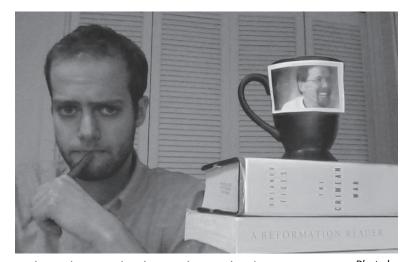
The Record interviewed Nathan Geiser, a senior history major beginning work on a final thesis. He is lactose intolerant.

How do you prepare to write your thesis on a typical day?

Twenty-five push-ups, Avril Lavigne, coffee, living life with nuance.

Educators in the United States sometimes treat the Western experience as normative. How has Goshen's global outlook affected your studies?

I took History of Global Poverty with Professor Jan Shetler. Poverty can be fixed



Nathan Geiser, a senior, does not have a Ph.D. in Early Modern European History, unlike his hero John D. Roth.

Photo by Nathan's laptop

with the silver bullets of genetic modification and cash crop exports. In the Global South is the "gift economy." A gift economy is based on Christmas and it's sort of like presents all the time. That's what I learned from Jan.

How do you see your role as a challenger of mainstream Western beliefs?

We learn to ask the questions no one asks. For example, if history was a fruit or vegetable what would it be? History would be a Concord grape. But you wouldn't know if no one asked the question.

What do grapes have to do with primary sources or historical context?

I'd like to quote Professor John D. Roth. He is director of the Mennonite Historical Library and editor of the Mennonite Quarterly Review. John tells us that "history is typically dark blue or purple, and is a key ingredient in juice and Welch's jam products."

That's confusing.

Professor Roth says that when we have a Ph.D. in Early Modern European History like he does, we will understand.

Why don't we try a different subject. As a history major at a Christian college, what have you learned about religious history?

An eye for an eye is the early church.

That doesn't sound right. Have you actually paid attention in any of your classes?

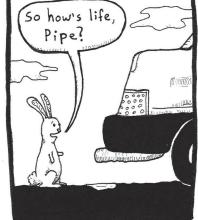
Yes. But, sometimes when I'm hungry I confuse lectures with food, or confuse lectures with Avril Lavigne lyrics. As Steve Nolt likes to say, "He was a skater boy, she said see you later boy."



I just wanted to make sure everyone was aware that Kelly Jae's has started catering through fusion and AVI Fresh. It is amazing, the plating that they are doing -- it's ninety percent plate and ten percent pesto. Like, I could not be more impressed. Have a wonderful day!

-- Allegedly Hannah Sauder but probably Lauren Treiber

**B-Fast Gigz** | Phil Scott







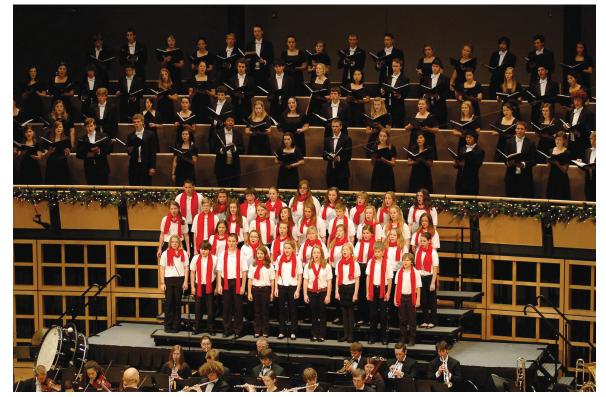
### After a decade, Festival of Carols continues tradition

**NINA FOX** 

Copy Editor kgfox@goshen.edu

Each December - and November, and October – Goshen College students prepare for the Christmas choral and orchestral concert, Festival of Carols (or, as they refer to it affectionately, FOC, an endearment whose irony is not lost on them). Festival of Carols features three Goshen College choirs—the men's choir, the women's world music choir and the chamber choir—as well as the Goshen College orchestra and Shout for Joy, a children's choir. This year's concert will be held this Friday, Saturday and Sunday.

According to Deb Brubaker, professor of music and director of the women's world music choir, the Festival of Carols is "a Christmas Eve service that combines congregational singing, choral singing and scripture." The tradition began ten years ago and has continued ever since, to outstanding campus and public reception. According to Brubaker, the show is unique because it combines the excitement of



Festival of Carols performed their tenth annual concert series last December.

Photo provided by Comm Mar

expectancy with the wonder of the unexpected.

"You know how it's going to

progress, but within that there's always a wonderful opportunity for newness and beauty," she said.

As it has in the past, this year's concerts will open with "Once in David's Royal City," a

Christmas hymn, and will include other carol favorites, such as "Hark! The Herald Angels Sing" and "O Come All Ye Faithful." For these carols and others, the choirs invite and encourage the audience to sing along. The concerts will also feature pieces by each of the College's three choirs and by the children's choir. The Women's World Music Choir, for instance, will be performing an African piece, "Denko," a song that was performed in 2007 and that became a remembered favorite. The other choirs and orchestra will be performing their own pieces, including other international, classical and Christmas works.

This year's performances will be held at 7:30 p.m. Friday and Saturday and 4 p.m. Sunday in Sauder Concert Hall. For many people at the college and in the community, as well as others, Festival of Carols is an event that heralds the dawning of the advent season and the expectancy of the coming of Christ.

Said Brubaker, "Seeing the joy that it brings to other people, and seeing the excitement that people have about it, makes me grateful to be a part of it."

### 'Is the Word' slams poetry in semester event



Kolton Nay performed a poem at Is the Word's open mic last fall.

Photo by Alia Munley

#### **NINA FOX**

Copy Editor kgfox@goshen.edu

During the spring of the 2012-2013 school year, Nina Fox, then a second-year student, walked into an empty Is the Word event. Or ... nearly empty. Leaning against the opposing wall in the dusky, mood lighting of Newcomer 19, Hayley Brooks, the club's co-founder, sat twiddling her thumbs.

No one had shown up.

Fox laughed aloud at the absurdity of the empty room and joined Brooks, where, waiting dubiously for others to join, the two laid out blankets on the floor and ate too many elementines. A half hour later, two students showed up, smuggling in candy from another campus event. An hour later, some 15 students had joined the motley crew, and for the next hour, the group read and shared poetry. Some students shared their

own poetry, some found poems in books laid out on the blankets, some looked up favorite Shel Silverstein rhymes from childhood. Regardless of whether or not they shared, however, all students shared in the eclectic camaraderie of the moment.

Is the Word, a club that was formed to create a unique venue for the sharing of poetry, was founded by Brooks and Kate Stoltzfus during the 2012-2013 school year. The purpose of the club, said Brooks, is to create "a space for people to share their poetry and creative writing."

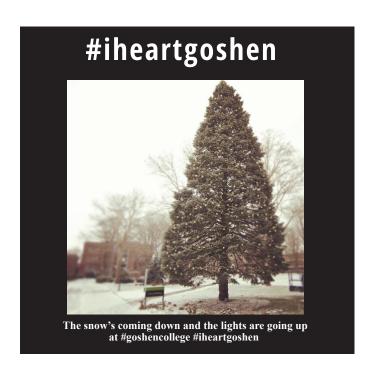
An outlet for budding writers, the club is an informal way to gather and share. In the past, students have read original poetry and have also read the work of published poets.

While the club met bi-monthly last year, this year has brought some changes. Rather than hosting smaller, more periodic events, Is the Word is hosting a larger semester event. The fall semester event is an open mic and slam, which will be

held at 8 p.m. Sunday in Newcomer According Brooks, the open mic will preface the slam. There are five spots for students to share during the open mic, and students are encouraged to read both original and unoriginal works. After a short break, the slam will follow, with an anticipated eight slammers. Comprised of two rounds, the slam will begin with eight slammers and will allow only three to advance to the second round. The evaluative panel will consist of three to five judges and the poems/performances will be judged on a 10-point scale. Each poem is limited to three-minutes.

Said Brooks, "Slams are always really fun for me, they're rowdy, they're a place where people are intentionally gathering to hear stories ... I think spaces like that are really necessary, they have a lot of power."

To participate in the open mic, in the slam, or as a judge, contact Brooks at hjbrooks@goshen.edu.



## **THIS WEEK**

#### Friday, December 6

5-8:30pm First Friday with craft market, hot cocoa tasting, Duane Stoltzfus' book reading, downtown Goshen
6:00pm Unity potluck and worship, NC 19
7:30pm A Festival of Carols, Sauder Hall
9:00pm President's Dessert Reception, Rieth Recital Hall

#### Saturday, December 7

1:00pm The Really Really Free Market,
Valesco House
7:30pm A Festival of Carols, Sauder Hall
Christmas at Kenwood, Kenwood
House

#### Sunday, December 8

4:00pm A Festival of Carols, Sauder Hall
7:00pm Moral Circus Album Release Party,
Java Junction
8:00pm Is the Word poetry open mic and
slam, NC 19

#### Tuesday, December 10

1:00pm Music of the Season afternoon sabbatical, Sauder Concert Hall
3:00pm Electronics and Robotics Show, old pool space